## THE FRIDAY NOTES

Lloyd Harbor School • December 20, 2013

## **SEL FAMILY WORD FOR JANUARY: EMPOWERMENT**

**QUOTE OF THE WEEK:** "This is the new year, the new you. You can pass through another year, coasting on cruise control. Or, you can step out of your comfort zone, trying things you have never done before, and make 2014 as the year that you elevate from where you are and soar high. Make it happen!" *Author Unknown* 

UPCOMING LHTV REPORTERS: Kelly O'Rourke- 6B, Connor Flynn- 6C
LHTV MUSICIAN: Peter Leonard, Joel Lovingood, Ben Nordemann 6B, Matt Adragna 6C

Monday	
1/6	
Tuesday	
1/7	
Wednesday	All County Div I rehearsal (after school)
1/8	
Thursday	All County Div I rehearsal (after school)
1/9	Rehearsal is also on Saturday
	Concert Sunday at the Tilles Center
Friday	
1/10	

## TABLE OF CONTENTS

Cold Spring Harbor Schools January Menu F	)3
Schedule for Beauty and the BeastP	4
Letter re Meeting - Beauty and the Beast P5,	,6
CSH Library Programs P	7

To our LHS families: On behalf of the entire faculty and staff I would like to wish you good health and happiness in the New Year. -Mrs. Massimo



### **BOARD OF EDUCATION**

The next regular Board of Education meeting will be held on Tuesday, January 14th at 8pm at the DO.

## INFORMATION ON SAFETY DRILLS

As you are aware, New York State regulations require schools to conduct various types of safety drills throughout the year. This includes fire drills, sheltering drills, staging drills and lock-downs. Classroom teachers review procedures with the students and have prepared them for the increased frequency of scheduled drills. We will be resuming our practice drills the week we return from break. During the remaining months of the school year, we will conduct additional drills as a matter of course and without notification. Thank you for your continued support of our school safety procedures.

## STUDENT COUNCIL

Our Toy Drive was a big success. Thank you to all for your generous donations to the TriCYA. Special thanks to Mrs. Strunk and Mrs. Stingi for delivering the toys to the agency where many Huntington families will be able to choose gifts and bring happiness to their children this holiday season.

### **ABSENCES**

Your child's absence is being recorded as an unknown and unexcused absence if you do not make a telephone call to the nurse's office. An absence note is not sufficient. The phone call must be made.

## **COOKIES AND MORE COOKIES**

A huge thank you to the LHS/PTG Cookie Committee who made and distributed so many delicious cookies for all our staff. They were boxed beautifully and everyone enjoyed the many tasty morsels.

## **DRIVING CAUTION**

When driving on the school grounds, please be mindful of our traffic patterns and be sure to proceed with caution.

## **MORNING ACTIVITIES DROP-OFFS**

Only those children who have a scheduled morning activity may be dropped off before the 8:30AM start of school. We do not have the personnel to monitor students left here before this time.

## AFTERNOON ACTIVITIES - DISMISSAL

All students attending an after-school activity will be picked up at the back circle. Please follow the traffic pattern of the PM dismissal (reverse traffic flow). As always, the safety of our children is paramount. Children are not permitted to cross between cars or through the parking lots.

### **AFTERNOON PICK-UP**

For safety reasons, we ask that all children being picked up in the back circle wait in line until picked up. Children are not allowed to cross over the parking lot.

## **AFTERNOON BUILDING ACCESS**

Please note there will be no access into the school after 4:15pm unless it has been previously arranged.

## FROM THE LH\$/PTG

## LHS\*PTG Meeting

Save the date for the next LHS\*PTG meeting on January 16, 2014 at 9:15am in the Little Theater - agenda to follow.

### **Central Parents Committee**

Save the date for the next CPC meeting on January 9th at 9am at the District Office.

### **Box Tops**

Save your Box Tops and bring them to school in support of the Student Council's campaign to raise money for LHS! Our school goal is 25 Box Tops per child for a total of 10,000 by the end of the year.

#### **Food Pantry**

A great big thank you to the Jones Family for making our food donation delivery to the Tri-CYA. Many thanks also to the families who so generously contributed this month. We had three big containers of food to deliver!

## **Smile.** Amazon

PLEASE NOTE YOU CAN SHOP ALL YEAR ROUND ON SMILE.AMAZON NOT JUST AT THE HOLIDAY TIME. AMAZON WILL DONATE MONEY BACK TO SCHOOL. Do you do a lot of shopping on-line? If the answer is yes, then please shop on Smile.Amazon.com and get money back at the same time. It's simple. You shop, Amazon will donate 0.5% of the price of your eligible purchase to Lloyd Harbor School when you shop at smile.amazon.com - same products, prices and service. AmazonSmile is the same Amazon you know with the added benefit of supporting your school. Or, go to smile.amazon.com when you see the Welcome Screen for Amazon Smile come up. On the right it asks you to click on the charitable organization you wish to support. In the box provided, type in Lloyd Harbor School. You will see it listed FIRST, then click select. Happy holiday shopping everyone and thank you for shopping at Amazon and giving back to LHS just by clicking some buttons. Or you can go straight to the link at LHSPTG.org - look along the top and click on the tab that says Welcome to Amazon Smile and it will take you to the instructions and the link.

## **COLD SPRING HARBOR ELEMENTARY SCHOOLS JANUARY 2014**

## **AVAILABLE DAILY: \$ 2.75** SERVED AS COMPLETE MEALS

BAGEL LUNCH W/ CHEESE OR YOGURT CHEESE SANDWICH JELLY SANDWICH PIZZA SLICE

ASSORTED SEAHAWK SALAD SHAKERS **MONDAY - TURKEY ON A ROLL** TUESDAY - HAM & CHEESE ON A ROLL **WEDNESDAY** - TURKEY WRAP **THURSDAY** - BEEF BOLOGNA & CHEESE FRIDAY - TUNA SALAD WRAP ALL COLD CUTS BOAR'S HEAD BRAND

BREAKFAST SERVED DAILY 8:30 - 8:45am \$1.75 INCLUDES MILK, JUICE AND FRUIT

AVAILABLE DAILY - BAGELS AND CEREAL MONDAY & WEDNESDAY - FRENCH TOAST STICKS TUESDAY & THURSDAY - PANCAKES FRIDAYS - EGG & CHEESE BAGEL BREAKFAST IS AN IMPORTANT START TO EVERY DAY





## **SERVED DAILY**

MILK CHOICES: 80z WHITE SKIM or 1%. FAT FREE CHOCOLATE 100% FRUIT JUICE - 4oz APPLE OR ORANGE FRESH FRUIT BOWL CHILLED CUPPED FRUIT FRESH BABY CARROTS WE OFFER WHOLE **GRAIN BREADS** 

IAI	U	N	υ	н	T

#### TUESDAY

## WEDNESDAY

### **THURSDAY**

#### **FRIDAY**

BEEF (B) TURKEY (T) PORK (P) CHICKEN (C) OFFICE OF FOOD AND NUTRITION **GERRI TIGER** SCHOOL LUNCH MGR 367-6970

## **CHICKEN NUGGETS** ALL WHITE MEAT

RICE PILAF STEAMED BROCCOLI CHILLED APPLESAUCE CHOICE OF MILK



LITTLE ITALY

MOZZARELLA STICKS

PASTA W/SAUCE

GARLIC BREAD

SALAD GREENS

DICED PEARS

CHOICE OF MILK

# NEW

## HAPPY YEAR

**DOUBLE SLIDERS** BBQ PORK(P)

SLIDER ROLLS POTATO TOTS **CORN NIBBLETS** FROZEN FRUIT TUBE CHOICE OF MILK

#### 9 SOUP & PRETZEL

VEGETABLE SOUP BAKED SOFT PRETZEL **BABY CARROTS** FRESH FRUIT **SELECTIONS** CHOICE OF MILK



T.G.I.F. PIZZA STUFFED CRUST PIZZA WEDGE VEGETABLE STICKS

**CUCUMBER SALAD** CHILLED FRUIT CUP CHOICE OF MILK

13

6

## POPCORN CHICKEN ALL WHITE MEAT

**SWEET FRIES CAULIFLOWER** PARMESEAN SLICED PEARS CHOICE OF MILK

## 14

**SOUP & SANDWICH GOLDEN GRILLED** CHEESE HOT SOUP CHOICE **BABY CARROTS** FRUIT CUP

CHOICE OF MILK

## 15 SWEET & SOUR MEATBALLS(C)

**BROWN RICE BROCCOLI FLORETS** FRESH APPLES CHOICE OF MILK

### 16 PIZZA PIZZA

CHEESE OR PEPPERONI(P) **TOSSED SALAD GREENS** WITH DRESSING APPLESAUCE CUP CHOICE OF MILK

17

10

1/2 DAY NO LUNCH SERVED

20



### **BREADED CHICKEN BREAST**

WHOLE GRAIN BUN **OVEN BAKED POTATOES** GARLIC GREEN BEANS CHILLED PEACHES CHOICE OF MILK

22

## ITALIAN STYLE

CHEESE RAVIOLI MARINARA SAUCE CRISP GREEN SALAD SLICED PEARS CHOICE OF MILK

23

## CSH SLIDERS

TWO MINI BURGERS **OVEN FRIES** PICKLE CHIPS FRESH FRUIT CHOICE OF MILK

24

## PIZZA PARTY

PIZZA SQUARE OR PIZZA BAGEL VEGETABLE PASTA SALAD CHILLED PEARS CHOICE OF MILK

27

## JUST LIKE MOM'S OVEN FRIED CHICKEN **SWEET POTATO TOTS GOLDEN CORN** DINNER ROLL FRUIT COCKTAIL CHOICE OF MILK

## TACO TUESDAY MEAT(C) & CHEESE LETTUCE & TOMATO SIDE OF SALSA **BROWN RICE** CINNAMON **APPLESAUCE**

CHOICE OF MILK

## **ASIAN STYLE**

TANGERINE CHICKEN & BROCCOLI WITH RICE PINEAPPLE BITS FORTUNE COOKIE CHOICE OF MILK

## FISH & CHIPS FISH STICKS BAKED CHIPS CAULIFLOWER

PARMESEAN FROZEN FRUIT JUICE BAR CHOICE OF MILK 31

## MY OWN PIE

INDIVIDUAL MINI PIZZA FIELD GREENS SALAD SLICED PEACHES CHOICE OF MILK

## Beauty and the Beast Schedule for Week of 1/6-1/10

MON 1/6- ALL Villagers (This includes baker, egg seller, etc.), Belle, Gaston, Lefou, Silly Girls- Finish Blocking Opening number

**TUE 1/7-** PLEASE READ THIS CAREFULLY (There are several sections for this day)

3:15-415- ALL Villagers, Gaston, Lefou, Belle, Silly Girls- review opening number. **ONLY VILLAGERS and SILLY GIRLS are dismissed at 4:15. Gaston and Lefou are needed until 5:30** 

3:15-4:30- Narrators, Beast, Enchantress with Ms. Copely for pgs. 17-18. NARRATORS BEAST AND ENCHANTRESS are dismissed at 4:30

3:15-5:30- Cogsworth, Mrs. Potts, Chip, Lumiere, Babette, Belle, Lefou, Gaston, Maurice- Pgs. 31-38. (You are needed the whole time)

**THURS 1/9-** PLEASE READ THIS CAREFULLY (There are several sections for this day)

3:15-4:45- ALL Villagers, Narrators, Beast, Enchantress, Wolves, Mrs. Pots, Cogsworth, Lumiere, Chip, Babette, Gaston, Lefou, Silly Girls, Belle, Maurice- RUN everything we have pg. 1-38

VILLAGERS, NARRATORS, COGSWORTH, LUMIERE, CHIP, MRS.

POTTS, BEAST, ENCHANTRESS, BABETTE, WOLVES- YOU ARE

DISMISSED at 4:45. (GASTON, BELLE, LEFOU, SILLY GIRLS need to stay)

4:45-5:30- Belle, Silly Girls, Gaston, Lefou-pg. 38-43

BE SURE TO BRING YOUR SCRIPT AND A PENCIL TO EVERY REHEARSAL. ALSO, PLEASE REVIEW THE SCENES AT HOME BEFORE COMING TO REHEARSAL.

## December 19, 2013

Dear Parents,

The cast for the 2014 Lloyd Harbor Theatre Arts production of *Beauty and the Beast* has begun rehearsal for the March 13-14 performances.

The students are already so excited about participating in the show.

Our traditional musical productions are really family affairs, with students performing in the spotlight, backed up by staff and parent volunteers willing to get involved in scenery, set design, costuming, make-up, publicity, supervision, T-Shirt design and video sales.

There will be a general meeting for parents in the Little Theater on Friday, January 10 at 10:00 a.m. where we will present rehearsal guidelines, and you will have the opportunity to sign up for a committee needed to create a quality presentation of *Beauty and the Beast*. We hope you will share the benefits of the production with your child by volunteering to get involved behind the scenes. If you have questions, please contact Genevieve Massa at jmas1@optonline.net.

If you cannot attend the meeting, but would like to volunteer for a committee, please indicate your preference and return the attached form to the main office.

We look forward to meeting with you.

Sincerely,

Chris McKee, Director Catherine Maloney, Producer

# Committees Please circle one of the following:

Costumes	Errands
Props	Photo/Publicity
Supervision	T-Shirts
DVD Sales	Programs
Scenery	Ticket Sales
Make-up	Ice Cream Party
Name	-
Phone	
number	
E-Mail	

# For Kids! Programs from Cold Spring Harbor Library's Children's Department. Registration Required!

## Winter Break at the Library

- \* Puzzle-mania (all ages) Monday, December 23 @ 2:00 pm
- \* Glitter trees (gr. K-6) Thursday, December 26 from 2:00-4:00 pm
- \* Winter Bingo (all ages) Friday, December 27 @ 11:00 am
- \* Snack & a Movie (Planes, PG; 92 min) Friday, December 27 @ 2:00 pm
- \* Family Macaroni Snowflakes Saturday, December 28 from 2:00-4:00
- \* Flowerpot Snowmen (gr. K-6) Monday, December 30 @ 3:00 pm

# Coming Soon: Additions to our Audio Book CD Collection Great for those long Holiday Car Rides!

- The One & Only Ivan by Katherine Applegate
- Wonder by R.J. Palacio

For more information about any Kids Programs, contact the Youth Services

Desk at the Cold Spring Harbor Library - 631-692-6820

For Adults! Programs for Grown-Ups from Cold Spring Harbor Library's Information Services Department

## New Fitness Sessions Starting in January

We're here to help you keep your New Year's Resolutions!

NEW! Evening Session of Total Body Conditioning, Mondays at 6pm, starting January 13!

Pilates, Mondays at 7pm, starting January 13 Yoga, Wednesdays at 10:15am, starting January 15 Total Body Conditioning, Thursdays at 10am, starting January 16 Register at the
Information Services Desk with
a check for \$100 (Pilates) or \$70
(all other classes) made payable
to the CSH Library. All classes
meet 10 times.

For more information about any Adult Program, contact the Information Services Desk at the Cold Spring Harbor Library at 631-692-6820.